

Patient instructions preparing for a gastroscopy

Gastroscopy means the examination of the esophagus, stomach and small intestine with a flexible endoscope. The examination is performed with the patient lying on their left side. The examination takes around 10 minutes. During the endoscopy, mucous membrane samples are taken; taking the samples is painless.

Preparing for the examination

Do not eat for **at least 6 hours or drink for 2 hours** before the examination.

After the endoscopy

Do not eat or drink anything hot for two hours.

If you are taking

1. Marevan: take the medication as usual according to the current instructions. Take an INR blood test 1-2 days before the examination. The referral is ready at the laboratory.
2. Pradaxa, Eliquis, Lixiana and Xarelto should not be taken on the morning of the examination.
3. Other medications taken regularly may be taken normally, but at least two hours before the examination.